**🎯Activity 3: Career Support Sort**

**📝 Activity Introduction**

"Your career journey will be influenced by many people, tools, and situations. Some will give you a boost 🚀, while others might slow you down ⛔. In this activity, you will sort different icons into the right category: **Career Supporters** or **Career Distractions**. As you play, you will also discover *why* each item belongs where it does, so you can make sharper choices in real life!"

**🕹️ Learner Instructions**

1. **Read the icon name and explanation** shown on the card.
2. **Drag it into one of two bins**:  
     
   * ✅ **Career Supporters** – People, tools, or opportunities that guide you toward your goals.
   * ❌ **Career Distractions** – Habits, attitudes, or pressures that can pull you away from your path.
3. **Check your feedback** after each sort, it will explain why you are right or how to improve your choice.
4. Continue sorting until all items are placed.
5. **Score higher** by sorting everything correctly on your first try.

**🎨 Icons with Explanations & Feedback**

**✅ Career Supporters**

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| --- | --- | --- | --- |
| **Icon** | **Explanation (shown on card)** | **Correct Feedback** | **Facilitative Incorrect Feedback** |
| 👨‍🏫 Mentor | A person with experience who offers guidance and encouragement for your career goals. | **"Correct! Mentors provide personal advice and real-world wisdom to help you succeed."** | **"Not quite, mentors are a valuable guide on your career path. Think about people who help you stay focused."** |
| 📘 Career Booklet | A guide with details on different careers, qualifications, and opportunities. | **"Yes! Career booklets give you knowledge to make informed decisions."** | **"Obscurer booklets are information tools, not distractions. Information helps you choose wisely."** |
| 🧑‍⚕️ School Counsellor | A professional who helps you explore career options and personal strengths. | **"Exactly! Counsellors give expert advice to guide your decisions."** | **"Almost, counsellors support you in exploring and planning. They are definitely a career supporter."** |
| 🏫 KUCCPS Logo | Kenya Universities and Colleges Central Placement Service, matches you to courses and careers. | **"Correct! KUCCPS helps align your skills with the right study path."** | **"Think again, KUCCPS is a planning tool, not a distraction. It connects you to courses and careers."** |
| 🎤 Career Talk | Events where professionals share experiences and advice. | **"Yes! Career talks inspire and inform your decisions."** | **"Not quite, career talks give you valuable insight into real jobs. That’s career support."** |
| 🧭 Career Map | A plan showing steps to reach your career goal. | **"Right! Career maps keep you focused and on track."** | **"Hmm… maps help you plan and stay on track; they are not distractions."** |

**❌ Career Distractions**

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| --- | --- | --- | --- |
| **Icon** | **Explanation (shown on card)** | **Correct Feedback** | **Facilitative Incorrect Feedback** |
| 🗨️ Peer Pressure Bubble | Friends pushing you to make choices that don’t match your goals. | **"Correct! Peer pressure can lead you away from your true path."** | **"Check again, peer pressure often distracts you from your own priorities."** |
| 📱 Phone Distraction | Constant scrolling or gaming that wastes study or planning time. | **"Right! Too much screen time can eat into career-building activities."** | **"Almost, phone distractions take time from planning your future."** |
| 💬 “Do it Later” Sign | Procrastination that delays important steps toward your goals. | **"Yes! Delaying action slows your progress."** | **"Not quite, ‘Do it later’ thinking stops you from making progress now."** |
| ❌ Gossip Cloud | Talking about others instead of focusing on your own path. | **"Correct! Gossip wastes time and energy."** | **"Think again, gossip doesn’t add value to your career journey."** |
| 💸 Money-for-Now Shortcut | Choosing quick cash over long-term career development. | **"Exactly! Short-term gains can block long-term success."** | **"Almost, this is about choosing lasting skills over quick money."** |

**💡 Design Notes for Implementation**

* **Bins:** “Career Supporters” (green) and “Career Distractions” (red).
* **Icons:** Large, clear images with name + short explanation visible before sorting.
* **Feedback:** Pop-up text + optional voiceover after each choice.
* **Replay Option:** Learners can retry until they get all correct.

**🏁 Activity Conclusion:**

"Great job sorting! Every career is shaped by daily choices, the boosters push you forward, and the blockers hold you back. The key is to keep adding more boosters to your life while cutting out the blockers. That’s how you build a career that thrives."

**✅ Key Takeaways**

* Support systems are people, places, and resources that help you deal with challenges and grow.
* There are different types of support: Psychosocial (feelings/mental health), Social (relationships), Spiritual (beliefs/values), Mentorship (guidance from experienced people), and Career (planning your future work).
* These systems help guide emotional, academic, spiritual, and career growth.
* Identifying and planning who you can turn to for specific types of support is a crucial first step in using them effectively